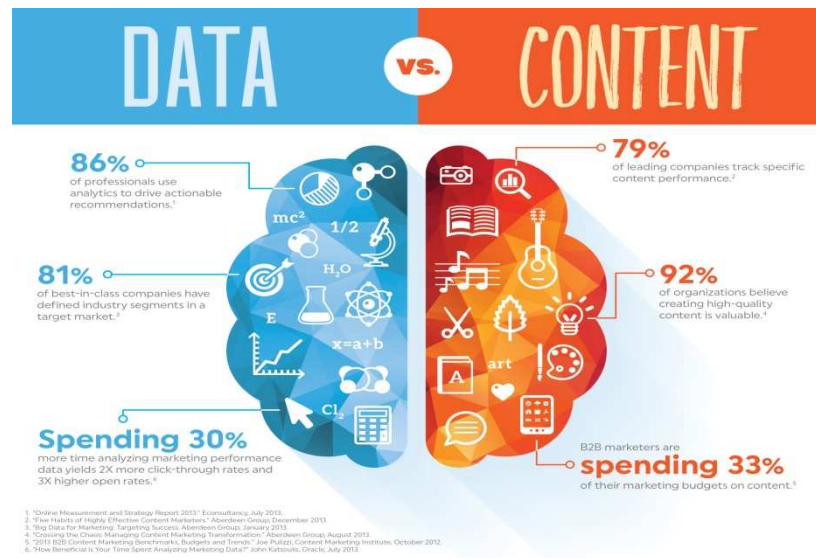


Left brain v/s Right brain dominance



Have you ever heard people say that they tend to be more of a right-brain or left-brain thinker?

According to the theory of left-brain or right-brain dominance, each side of the brain controls different types of thinking. Additionally, people are said to prefer one type of thinking over the other. For example, a person who is "left-brained" is often said to be more logical, analytical, and objective. A person who is "right-brained" is said to be more intuitive, thoughtful, and subjective.

"It's absolutely true that some brain functions occur in one or the other side of the brain. Language tends to be on the left, attention more on the right. But people don't tend to have a stronger left- or right-sided brain network. It seems to be determined more connection by connection,"

| The Right Brain | The Left Brain |
|---|--|
| According to the left-brain, right-brain dominance theory, the right side of the brain is best at expressive and creative tasks. Some of the abilities popularly associated with the right side of the brain include: | The left-side of the brain is considered to be adept at tasks that involve logic, language, and analytical thinking. The left-brain is described as being better at: |
| Recognizing faces | Language |
| Expressing emotions | Logic |
| Music | Critical thinking |
| Reading emotions | Numbers |
| Colour | Reasoning |
| Images | |
| Intuition | |
| Creativity | |

Kindly place the article back in tray after reading.

Thank you

L&D Team.